

sunday magazine
 Sunday Herald Sun
 December 9 • 2001



beauty with Carolyn Palliardi

beauty flash



Feed your body with Tommy Hilfiger's creams. They come in Lemon Cream Pie and Chocolate (\$37, 150ml) and they smell so real others might be tempted to take a bite out of you. The Lemon Cream Pie has a hint of lemon zest, blended with notes of fluffy meringue and creamy vanilla, all accented by a sugar cookie crust. The chocolate smacks of chocolate mousse, bitter sweet chocolate, vanilla bean and creme fraiche. From Myer/Grace Bros and David Jones in the city.

tips

Body polishing

- Never use an exfoliator or salt scrub on freshly shaven or recently waxed skin.
- If using a salt scrub, start with dry skin. Use hands to massage the scrub in a circular motion, spending more time on the areas of the body that are rougher such as elbows, legs, knees and heels.
- Let the salt scrub sit for five minutes, then rinse off with warm water.
- Follow with a good moisturiser while the skin is still damp.
- Don't exfoliate the body more than twice a week and for sensitive skin once a month should be fine.
- Exfoliate before applying fake tan to achieve an even colour.



face facts

Achieve this glowing face by make-up artist Dhav Naidu using the following products:

- Face:** Prescriptives Traceless Level 3.5, \$66; Bobbi Brown cream blusher, Warm Apricot \$56
- Eyes:** Max Factor eyeshadow pots in Hollywood Bronze and Mocha Mystery \$11.95 each. Lancome Amplicils mascara 01 \$44.
- Lips:** Bobbi Brown Lipstair in Caffe \$38.

fine & dandy

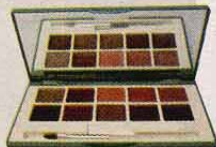
the choice is yours

Fine: Clinique Lipstick City Compact \$65 (Limited Offer)

Dandy: Laura Mercier Lip Paints #3 - Sheers \$95

The Clinique compact is slimline with a large mirror and 10 lip colours ranging from nudes to soft pinks, deep violets and a hot red. The colours are a combination of long-lasting and moisture-surge formulations.

Make-up artist Laura Mercier's new lip palette contains five original sheer lipcolours and five new shades. Colours range from nude and barely there tones in soft browns and pinks.



Tools of the trade:

- Origins Ginger Salt Scrub \$58.
- Biotherm Exfoliating Body Scrub \$41.
- Trelivings Sea Minerals King Island Kelp Exfoliating Body Polish \$10.95.
- Sanctum Rose Ecstasy Pack (contains body spa, body exfoliation and loofah mit) \$24.95.
- Lush Buffy the Backside Slayer \$7.95.
- Palmers Coco Butter Formula moisture-enriched lotion \$7.95.

tried & tested

For soothe, moisturised hands, apply a specially formulated lotion



Donna Karan Cashmere Mist Hand Conditioning Cream \$77, 125ml

Lightly scented lotion. Quick drying, non-oily and leaves hands feeling soft and supple. Works well on extremely dry skin and protects well from the sun's rays. Leaves a slight shimmer on skin. From department stores and pharmacies.

8.5



Kanebo Sensai Intensive Hand Treatment \$135, 100ml

One of the best hand creams this tester has tried and I have tried plenty. The pale pink cream soaks immediately into the skin. Forget the usual greasy, slippery feel. Hands are instantly transformed, leaving a finish as smooth as silk. From David Jones, city store.

9



Trelivings Organic Tea Tree Hand & Nail Cream \$12.95, 130ml.

Lovely smooth cream that feels nice on but does not moisturise dry hands sufficiently and the tea-tree scent does not appeal to this tester. The product is beautifully packaged, though. From David Jones, Myer/Grace Bros and selected pharmacies.

7



Mirenésse Active Hand Balm \$29.50, 60ml

Say goodbye to rough, flaky, dry skin. This product makes hands feel so much softer and its effect is long lasting. And you don't need much to achieve the desired result of soft hands to the touch. Inquiries: 1800 666 880.

9



Eau Thermale Avene Hand Cream with Cold Cream \$17.95, 76g

This hand cream has a very delicate perfume. It seems to do the job it sets out to do - delivering moisture to dry hands. It has excellent absorption. A very good product. Inquiries: 1800 816 735.

9